



LIABILITY WAIVER 2021/2022

I agree to take classes/workshops/virtual classes at Iyengar Yoga Palm Desert/IYCCV and I accept full responsibility for performing only those movements and activities that support and do not jeopardize my health and well-being by participating in these classes.

I understand that fitness classes and workshops carry a risk of injury as does all physical activity and sign this waiver of liability in agreement that I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in any programs.

In further consideration of being permitted to participate in the fitness Class/Workshop/ or other events, I knowingly, voluntarily and expressly waive any claim I may have for Studio and its affiliated instructors for any injury or damages, or illness that I may sustain as a result of participating in the program.

I understand that upon entering any public building, there are risks, and I will not hold Iyengar Yoga Palm Desert/IYCCV liable for any harm or injury obtained to me in or around the perimeters by any type of scenario within or outside the class I am attending.

I understand that Iyengar Yoga Palm Desert/IYCCV is a public facility in which airborne viruses may be present. I agree that I will not hold "The Studio" liable for any illness which may be contracted by visiting a public facility and being in proximity with others, and for any allergic reactions to airborne remnants of cleaner within the studio.

I understand that both Iyengar Yoga Palm Desert/IYCCV and its affiliated instructors are not diagnosing, prescribing or treating. I agree to consult a doctor or medical professional about a state of pathology, dysfunction, or pain, and to advise my instructors about such concerns. I understand that prior to beginning any exercise routine; I should consult with a medical professional.

I also understand I am responsible for the security of my belongings and should keep any valuables with me at all times or should not bring them into the studio.

Iyengar Yoga Palm Desert/IYCCV

I, my heirs or legal representatives, forever release, waive, discharge and covenant negligence, theft, or other acts. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Policy and Procedures:

The health and safety of our community is our top priority, and we ask for your assistance in keeping yourself and others safe and healthy. Studio is taking steps to protect our community and in addition, there are steps whereby each person can take charge of their own health and wellness inside our studio. We look forward to continuing to provide a safe and healthy yoga environment to our beloved yoga community. We believe yoga is a safe and wonderful way to stay healthy. We hope that you will continue your yoga practice with us, keeping our yoga community thriving and strong.

1. **STAY HOME** If you exhibit flu-like symptoms such as fever, cough, shortness of breath or breathing difficulties or a rise in temperature, please stay home! Keep our community safe.
2. **SURFACES:** Our efforts are to keep our studio germ free include cleaning and sanitizing countertops, door handles, bathroom fixtures, yoga floors, and often-touched areas every day. We encourage you to wash your hands before and after class.
3. **PROPS:** All community props are cycled through. Students are required to bring a mat with them. Towels and washcloths are not supplied.
5. **REGISTRATION:** Students please sign up for class via MindBody prior to arriving at the studio. All Payments are to be processed on line thru Mind Body prior to arriving.
6. **SIZE OF CLASSES:** Classes will be sized the capacity authorized per the states of California' Covid 19 directives. If you register for the class and then cannot make it, please go back in and cancel. Any no shows will be charged the full class fee for non cancellations.
9. **LOST/LEFT BEHIND ARTICLES:** "The Studio" is not responsible for any personal items left behind at the studio.

10. REFUND POLICY: All sales are final. Class packages or workshop tuitions may not be gifted to others. Regular Count Class Packages maybe shared.

Student's Signature

Date